

## IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH.....

### PLEASE FOLLOW THIS PROCEDURE:

1. Contact the coach to set up an appointment.
2. The York High School telephone number is 757-898-0421.
3. If the coach cannot be reached, contact the school's Athletic Director, John Ashley. He will set up the meeting for you.
4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote positive resolutions.

### THE NEXT STEP

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. At this meeting the appropriate next step can be determined.

## PARENT CODE OF CONDUCT

1. Make sure your child understands that win or lose, you support him / her.
2. Be realistic about your child's physical ability.
3. Help your child set realistic goals.
4. Emphasize "improved" performance, not winning.
5. Provide a safe environment for training and competition.
6. Don't relive your own athletic past through your child.
7. Control your emotions at games and events.
8. Be a "cheerleader" for your child and other players on the team.
9. Respect your child's coaches. Communicate with them in a positive way. Encourage others to do the same.
10. Be a positive role model.

Be sensible, reasonable and keep your priorities in order. There is a lot more at stake than a win or loss record.

# YORK HIGH SCHOOL

## Parent-Coach Communication Guide 2021-2022



## Department of Athletics

John Ashley, Athletic Director  
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*Home of the*  
**FALCONS**

## **PARENT AND COACH RELATIONSHIP**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a greater benefit to children. As parents, when your child became involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

## **COMMUNICATIONS YOU SHOULD EXPECT FROM YOUR CHILD'S COACH**

1. Philosophy of the coach
2. Expectations and goals the coach has for your child as well as for the team and the season
3. Locations and times of all practices and contests
4. Team requirements, special equipment, strength and conditioning program
5. Procedure if your child is injured during participation
6. Team rules, guidelines and consequences for infractions
7. Lettering criteria
8. Team selection process

## **COMMUNICATION COACHES EXPECT FROM ATHLETES AND PARENTS**

1. Concerns expressed directly to the coach
2. Notification of any schedule conflict in advance
3. Notification of illness or injury as soon as possible

As your child becomes involved in the program at York High School, he or she will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you and your child wish. At these times, discussion with the coach is encouraged. It is the first and most integral step to understanding resolution

## **APPROPRIATE CONCERNS TO DISCUSS WITH COACHES**

1. The treatment of your child
2. Ways to help your child improve
3. Concerns about your child's behavior

It is very difficult to accept your child not playing as much as you hope. Coaches are professionals. They make decisions based on what they believe to be the best for all student-athletes involved. As you can see, certain things can be and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach.

1. Playing time
2. Team strategy
3. Play calling
4. Other student-athletes

There are situations that may require a conference between the coach and the player, or coach and parent. These conferences are encouraged. It is important that all the parties involved have a clear understanding of the other person's position. When a conference is necessary, the following procedures should be used to help resolve and concerns