

Tabb Middle School Tiger Times
December 13, 2019

UPCOMING TMS EVENTS AND YCSD INFORMATION

Upcoming TMS events can be found on the calendar on the TMS website:

<http://yorkcountyschools.org/TMS>

Visit the updated YCSD website for information and the Back to School Guide.

<http://yorkcountyschools.org/parents/studentInfo/backtoSchool/default.html>

TMS OFFICIAL FACEBOOK PAGE

<https://www.facebook.com/TabbMSfamily>

Download the YCSD Mobile App

Information at your fingertips for school and sports calendars, bus schedules, news and more.

- Customize the app to view the info you want most.
- Follow the school(s) of your choice
- Receive push notifications in emergencies.

YCSD Student Portal at GO.YCSD.YORK.VA.US

- Live homework help from certified teachers
- One-click access to Microsoft Office 365 Suite
- Research Resources
- Interactive instructional sites

To access the portal, log in at go.ycsd.york.va.us using your student username and password

YCSD STUDENT HOTLINE

757-890-5000

STUDENT HOLIDAYS AND EVENTS

Dec 13 – Noon Dismissal

Dec 17 – Softball Interest Meeting after school

TMS Band Concert at Tabb HS at 7:00 pm

Dec 23-Jan 3 – Winter Break

TMS STUDENT AND STAFF CELEBRATES THE HOLIDAYS!

Dec 16 – Ugly Sweater Day

Dec 18 - Wear a festive hat – no ball caps

Dec 20 – last day before Break – wear your PJ's

Softball Interest Meeting - Tuesday, Dec 17th

The meeting will be held after school in the health trailer until 4:00.

Students can ride the activity bus home.

Baseball Conditioning

There will be no more baseball conditioning until after winter break. Check the baseball website for additional information.

NJHS SUPPORTS FAMILIES IN YORK COUNTY!

Offering Hope and Good Cheer to the Peninsula's children, NJHS has created a GIVING TREE with gifts for children in need in York County. There are three trees in the building. Please have your son/daughter pick a gift from the tree and make someone have a happier Christmas. Make your selection ASAP!!! Gifts must be returned UNWRAPPED to room 104 Mrs. Jacob's or 205 Mrs. Singletary by December 16th. Thank you for helping us support this cause!

DECEMBER HOT TOPICS: Connecting with Teens

This month we thought it would be a good time to focus our December Hot Topics on "connecting with teens." If gift-giving is on your mind, remember that what our loved ones really want and need more than material items is our gift of spending quality time with them.

Check out 23 great ideas for connecting with teens!

<https://www.rd.com/advice/parenting/quality-time-with-teens/>

Hot Topic: Encouraging Life Balance and Screen Limits (check out one or all!)

1. Less Screen time = More Happiness

Article:<https://www.washingtonpost.com/news/inspired-life/wp/2018/01/22/teens-who-spend-less-time-in-front-of-screens-are-happier-up-to-a-point-new-research-shows/>

2. YouTube video: <https://www.youtube.com/watch?v=nClFyK7Agwc>

3. 10 Strategies Article: <https://www.verywellfamily.com/strategies-limit-your-teens-screen-time-2608915>

COUNSELING NEWS

Parents of 8th Grade Students: IB & SOA Magnet Programs

The York County **School of the Arts (SOA)** provides opportunities for high school students to engage in studies of rhythmic arts & dance, theater arts, technical theater, and the literary arts.

The **International Baccalaureate Diploma Programme (IB)** offers a rigorous program of international education to high school students. Participation in both programs is by application, and applications are currently being accepted for the 2020-2021 school year. To learn more about these exciting opportunities for your students, and to get more information about the application process, please join us for an IB/SOA Parent University.

The Parent Universities are offered twice & parents may attend either session:

Wednesday, December 11th - 6PM, in the York High School KIVA

Thursday, December 12th - 6PM, in the School of the Arts Theater at Bruton High School

Parents unable to attend the sessions may contact the respective Program Coordinators for more information. Laura Maney is the Program Coordinator for School of the Arts, and she can be reached via email at lmaney@ycsd.york.va.us. Kevin Valliant is the Program Coordinator for International Baccalaureate, and he can be reached via email at kvalliant@ycsd.york.va.us.

Applications for IB and SOA are available in the School Counseling office and also can be downloaded from the program websites. Applications are due January 17th.

SOA: <https://ycsd.yorkcountyschools.org/Page/6704>

IB: <https://yorkcountyschools.org/parents/specialtyPrograms/ib.aspx>

LOST AND FOUND

Items in Lost and Found will be collected and placed in the fundraiser donation bin in front of the building on Thursday, December 19. Please remind your students to look for missing items. We have many very nice water bottles.

CLINIC NEWS - TMS appreciates your help in keeping sick students at home.

Students who do not feel well are to report to the clinic to be evaluated by TMS Nurse, Mrs. Borders. Students may not call or text their parents to ask to be picked up for any reason.

Parents please do not send your students to school if they have a fever, severe cough or flu symptoms. They need to be fever free, no vomiting or diarrhea for 24 hours prior to returning to school.

Always consult your student's doctor if you are concerned about his or her condition. When the clinic calls for you to pick up your student, please come as soon as possible.

The following information may help decrease the spread of illness:

Talk to your physician about your child getting a flu shot/mist

GOOD HANDWASHING

Encourage fluids and rest. Student may bring in water bottle.

Keep tissues and antibacterial waterless soap in your child's backpack.

Have your child cough into their elbow.

Avoid touching their eyes, nose and mouth.

Don't share drinks or drink bottles.

Students may bring in cough drops (non-medicated) WITH A NOTE from parent giving them permission to take as needed throughout the school day. The student should keep the note with them and show the teacher/staff member if requested. PLEASE DO NOT SEND IN MEDICATION WITH YOUR CHILD if medication is needed at school. All medication must be brought to the clinic by a Parent/Guardian with completed Medication Form.

TMS Tigers for a Cure

If your student would like to join the team, you can go online and help them register. There is no cost to register. We also welcome family members on our team. If you would like more information about our team please contact Trudi Reynolds at treynolds@ycsd.york.va.us or Cindy Evans at cevans@ycsd.york.va.us.

The link to the team webpage is <https://tinyurl.com/ydyx69qo>.

PTA NEWS

TMS has a dedicated and supportive PTA which shares the excitement of promoting PTA membership, increasing parental involvement, welcoming volunteer participation among parents, and supporting TMS staff with educational enrichment of our children. The PTA needs your support of the calendar events and celebrations throughout the year such as Teacher Appreciation Week, Administrator's Week, Nurse, Bus Drivers, and Custodian Appreciation Day.

Concessions

We're always looking for help with concessions! Money earned goes directly back to the school to support various programs.

BE YOUR KID'S BIGGEST FAN...JOIN THE TMS PTA!!

The PTA helps and supports many programs and events throughout the school year and we would LOVE for you to be a part of our amazing team of parent supporters. There truly is no better way to stay connected with what is going on at the school or to help suggest change than being a part of the PTA. Membership is only \$6 (per member) and membership forms can be found in the main office or join online at <https://vapta-tms.memberhub.store>

NOTE: When sending payment in with your child, if you are sending in more money than is required to pay for the membership, pls annotate whether you need change or are making a donation.

Free Fundraisers

Tabb Middle School is currently participating in several "Free Rebate" programs that cost you nothing but a little bit of your time. It's really simple—here are some of the ways you can help: cut out Box Tops from your favorite General Mills products, clip Campbell's Labels for Education UPC's, save Farm Fresh ABC receipts, go online and use the Box Tops\$ Marketplace to do your online shopping, and swipe your Food Lion MVP card and Kroger Plus card after you link your cards to Tabb Middle School. These programs earn our school free supplies, electronic equipment, and school and classroom accessories.

OfficeDepot.com

Connect your rewards card to give 5% of all your purchases to TMS.

<https://www.officedepot.com/backtoschool/display.do>

Shoparoo - Just shop, snap, earn!

We are excited to be partnering with a fun, free, and truly easy fundraiser called Shoparoo! Schools nationwide are already earning hundreds and even thousands every year through Shoparoo and it's a great opportunity for us to really make a difference this year!

Shoparoo is school fundraising made easy: the free app turns pictures of your everyday shopping receipts into cash donations and sweepstakes entries for our school! Yep, it's that simple. No more cutting labels, selling door to door, or time-consuming coordinating. All you have to do is shop as you normally do, snap pictures of your receipts with the app, and voila!

Get started today:

1. Download the free Shoparoo app from the Apple App Store or Google Play Store.
2. Select our school from the list and start taking pictures of your receipts - shop anywhere, buy anything!
3. You can even select a grade to support and have fun with grade competitions!

There's no limit to how much money we can raise with Shoparoo - the more supporters, the more we will raise for our school. Schools with just 40 supporters are earning an average of \$1,000 every year. That's free, easy money that we could be fundraising too. Check out shoparoo.com to learn more about this awesome app!

Amazon Smile Program

<http://smile.amazon.com/ch/54-1290448> Will take you directly to adding Tabb Middle PTA as your organization to receive 0.5% of the price of your eligible AmazonSmile purchases OR

1. On your first visit to smile.amazon.com you will be prompted to select a charitable organization to receive donations from eligible purchases.
 2. Select: Tabb Middle PTA
- Amazon will remember your selection.