

Flanagan Counselor Education
Center at
William & Mary Presents our Fall
Youth & Family Program:

In This Together:

A Virtual Group
Counseling Program for
Parents!

October 7 - December 9,
2021

Thursday Evenings
6:00PM - 7:00PM

Groups will be meeting
remotely online in a
confidential and
private space

Check below for
frequently asked questions
related to Youth and
Family Groups



Parents! You're Invited to Participate!

Join other parents of K12 youth one evening a week as you learn some new skills for family communication, friendship building, and problem-solving. Most importantly, spend time with other people who are interested in building stronger families, together.

Our Program Provides:

- Focused strategies for positive parenting and making connections post-pandemic
- Promotion of enhanced family communication and problem-solving strategies
- Methods for improving children's social and emotional development
- Shared support with other K-12 parents and guardians

Registration is currently open at bit.ly/NHFCCgroup
For more information contact the Flanagan Counselor
Education Center
at NHFCC@wm.edu or call 757-221-2363



This program is possible thanks to the generous support of the
Williamsburg Health Foundation through the Youth and Family Program.

In This Together Parenting Group

Frequently Asked Questions

What can I expect from the group?

- Groups are kept small (about 8 parents or guardians per group) to maintain an optimal environment to get to know each other and to give everyone a chance to engage.
- You can expect to meet other parents and guardians who would like to learn additional effective parenting strategies during the pandemic.
- You can expect to hear new ideas and share your own for parenting in a rapidly changing world.
- You can expect experienced and knowledgeable group facilitators who will provide learning opportunities and who will guide the discussion.

Will I be expected to actively participate?

You may participate as much or as little as you want. You are encouraged to share your thoughts or ideas, but it's not required.

What equipment do I need to access the virtual counseling groups?

You need a computer or a smartphone with access to the internet. We'll send you a link that you can click to join the group.

Who can attend the group?

Anyone who is actively providing care for a child. Any adult who is attending will need to sign consent paperwork. We recognize that families come in all shapes and sizes. We have had many family configurations join us for the group. That includes married parents, single parents, grandparents, adult siblings, and foster parents to name a few. Groups are reserved for those living in Williamsburg, James City County, York County, and Poquoson.

How much does it cost to attend the group?

Attendance is free of charge. The program is funded by the Williamsburg Health Foundation through the Youth and Family Program

Do I need to have insurance or show proof of income to attend the group?

No. The group is free to all participants. The only requirement is that you reside in Williamsburg, James City County, York County, or Poquoson.

Who leads the counseling groups?

The group leaders are all doctoral students who are enrolled in the Counselor Education program at William & Mary's School of Education. All have received their Master's Degrees in Counseling and are in their counseling residency or are already licensed counselors in their home state.

Is there a lot of paperwork?

We try to keep paperwork to a minimum as possible, but there are several forms to fill out. Paperwork includes necessary consent forms, permission to record video for supervision purposes, and an assessment before starting the group and after the group has ended to show how effective the groups have been. These can be completed online or can be mailed to you. Either way, you'll have a chance to read them and keep copies for your records.